

NEVER SUMMER FITNESS
RULES OF THE ROAD

Please take a moment to read the following “Rules of the Road”. We ask that you follow these rules to ensure that each one of you will experience a safe and pleasant exercise environment.

- 1) Arrive to all classes at least 10-15 minutes prior to your class time.
- 2) Please note the sign on the door which will indicate if a class is in session and wait until the class is completed before entering the studio.
- 3) Please make certain you wipe your feet thoroughly prior to entering. If you are wearing street shoes, please remove the shoes and place in the storage bin located in the changing room.
- 4) Please place all bags, purses, cell phones, etc., into the storage bins located in the changing room.
- 5) Please hang up coats and jackets on hangers located in the changing room.
- 6) Only registered participants are permitted in Never Summer Fitness. Please refrain from bringing guests, children, or pets.
- 7) Please wipe down your bike with the alcohol sprays provided after each use.
- 8) Please wipe off the provided heart rate straps with alcohol.
- 9) Please place the cleaned heart rate straps in the designated bin in the kitchen.
- 10) Please place the used cleaning rags into the designated bin in the kitchen.
- 11) Please place all used hand towels in the white hamper by the front door.
- 12) Please refrain from talking on your cell phones. This is your time, so place it on voice mail for the duration of the class.
- 13) Please bring only water bottles into the studio. No cups or open containers and no food.